



Lunch Menu
11am - 3:30pm

= CONTAINS GLUTEN

TORTAS

sandwiches served on organic Essential Baking Co. baguettes
includes side of organic tortilla chips

- Baja BLT** all-natural bacon, lettuce, tomato, avocado slices, red onion, chipotle mayo on pita 7
- El Hongo** grilled portabella mushroom, provolone, lettuce, tomato, red onion, chipotle mayo 9
- El Patron** hormone-free chicken, cucumber, tomato, onion, lettuce, cilantro, creamy avocado sauce 9
- El Presidente** all-natural shredded pork, lettuce, tomato, pickled red onion, guacamole 9
- El Rey** all-natural steak, provolone cheese, lettuce, tomato, onion, chipotle mayo 10

BURRITOS

served in flour tortillas with side of chips, lettuce, salsa Mexicana & sour cream

- Veggie** sautéed organic yams, onions, bell peppers, rice, pintos, spinach, jack cheese in spinach tortilla 11
 - Puerco** all-natural shredded pork, tomatillo sauce, rice, pinto beans in a traditional tortilla 12
 - Mole** hormone-free chicken in our chocolate mole sauce, rice, pinto beans, topped with mole sauce 12
 - Pollo** hormone-free chicken sautéed in chipotle peppers, rice, pinto beans in a traditional tortilla 12
 - Carne** all-natural grilled steak, sautéed onions, bell peppers, rice, pinto beans in a traditional tortilla 13
 - Bacalao** wild Alaskan cod fried in coconut beer tempura, cabbage, rice, pinto beans, avocado sauce 13
 - Camarones** wild American shrimp sautéed in chili butter, cabbage, pinto beans, rice, avocado sauce 14
- Small guacamole add 2 Make it a 'wet' burrito: red or green sauce add .50

ENCHILADAS

served with our green rice & whole pinto beans topped with cotija cheese

- Vegetariano** three corn tortillas filled with zucchini, tomato, onion, spinach, epazote, queso Oaxaca, in a tomato sauce topped with sour cream, cotija cheese, green onions 13
- Pollo** three corn tortillas filled with hormone-free chicken simmered in chipotle peppers, topped with our tomatillo sauce, sour cream, green onions 13
- Mole** three corn tortillas filled with hormone-free chicken, topped with our house chocolate mole sauce and sesame seeds 13

ENSALADAS

- De la Casa** 6 **Caesar** 7
organic seasonal lettuce, cucumber, tomato, shredded carrots with mango-lime vinaigrette organic romaine lettuce, garlic croutons, parmesan cheese, tossed with our caesar dressing
- Naranjas y Almendras** 7
organic seasonal lettuce, sliced oranges, jicama, almonds, red onion with our prickly-pear vinaigrette
- Taco Ensalada** 9
rice, pinto beans, organic seasonal lettuce, salsa Mexicana, sour cream in a fried flour tortilla bowl




For any salad:

Add chicken, pork or steak add 4
Add fish or shrimp add 5

TACOS DE LA CASA




3 street tacos served on soft corn tortillas with a side of organic tortilla chips

Choose one of the following

Boniato	sautéed organic yams, onions, bell peppers, cotija cheese, avocado sauce	9
Pollo	chili-rubbed hormone-free chicken, lettuce, side of our cranberry slaw	9
Pollo Al Pastor	hormone-free chicken in adobada, pineapple/poblano salsa, cabbage, cilantro	9
Traditional Carnitas	all-natural shredded pork, cabbage, pickled red onions, cilantro	9
Carne	all-natural steak, sautéed onions and bell peppers, topped with cotija cheese	10
Bagre	spicy baked natural catfish, lettuce, salsa Mexicana, creamy avocado sauce	10
Salmon Ahumado	local smoked Alaskan salmon, shredded cabbage, creamy avocado sauce	10
Bacalao	 wild Alaskan cod fried in coconut beer tempura, shredded cabbage, avocado sauce	10
Abadejo	wild Alaskan cod baked in lemon pepper, shredded cabbage, creamy avocado sauce	10
Baja	 wild Alaskan cod breaded and fried, cabbage, pickled onion, avocado slices, chipotle mayo	10
Camarones	wild American shrimp sautéed in chile butter, salsa Mexicana, cabbage, curry aioli	11
Ensenada	 wild American shrimp fried in coconut beer tempura, cabbage, avocado slices, lettuce, salsa Mexicana, chipotle mayo, served in flour tortillas	11

Add choice of beans & green rice in place of chips add 3.50

QUESADILLAS Y NACHOS

<p>Quesadilla  4.50 flour tortilla with monterey jack <u>or</u> Mixta: jack & cheddar</p> <p>Mangodilla  6.50 quesadilla with mango, poblano peppers, green onions</p>	<p>Quesadilla de champiñones  6.50 quesadilla with spinach, sautéed mushrooms, onions</p> <p>Nachos Agua Verde 7 organic chips with jack & cheddar cheeses, pinto beans, nopal cactus, jalapeños, scallions, sour cream & salsa Mexicana</p>
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Add meat: chicken, pork, or steak add 4

SIDES - GUARNICIONES (all vegetarian) 3.50/side

3 Sides & 3 Tortillas	three sides w/ choice of corn, flour tortillas, <u>or</u> side of chips	9
Cranberry slaw	Green rice with chard	Creamy chili mashed potatoes
Whole pinto beans & cotija		Puréed black beans & cotija
Nopalito ensalada-Cactus Salad		Salsa Mexicana

BASKET OF ORGANIC TORTILLA CHIPS & HOUSE SALSAS 2.50

GUACAMOLE & BASKET OF ORGANIC CHIPS 6

Many of our dishes CAN be made VEGAN or GLUTEN FREE by request.
Special requests often take a bit more time, thanks for your patience.